



# AT PHOENIX JOB CORPS STUDENTS CAN

LIVE

LEARN

TRAIN

CAREERS BEGIN HERE

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## STUDENT SPOTLIGHT

### GIANNI PRUITT EARNS #1 RANKING IN ARIZONA FOR MICROSOFT POWERPOINT

Congratulations to Gianni Pruitt on an outstanding achievement in the 2026 Microsoft Office Specialist U.S. National Championship Spring Qualifier. Gianni earned the #1 ranking in the state of Arizona for Microsoft PowerPoint, making him the top certified student statewide.

We are incredibly proud of Gianni's hard work, dedication, and excellence in technology and professional skills. Congratulations on this amazing accomplishment!

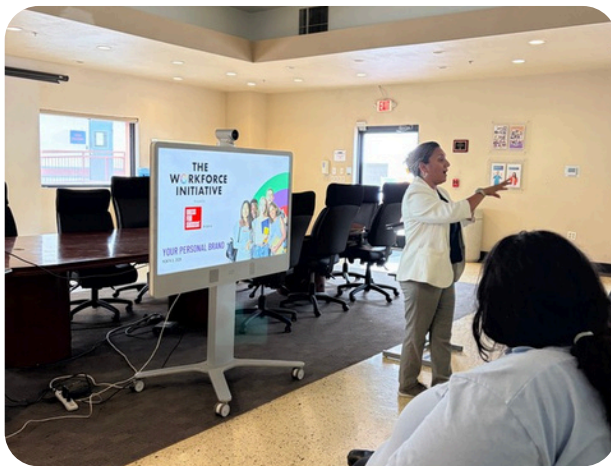


# STUDENT SPOTLIGHT

## DRESS FOR SUCCESS WORKSHOP EMPOWERS STUDENTS

Dress for Success Arizona recently hosted a professional development workshop for students. Manager Elizabeth Pulido, a former Job Corps student, and Mobile Specialist Maria Acosta-Andrade shared valuable information about professional attire, career readiness, and workplace confidence. They also discussed the different programs and resources their organization offers to support individuals in achieving career success. Students had the opportunity to participate in a Q&A session afterward to ask questions and learn more about the services available.

Next week, Dress for Success Arizona will return with their Mobile Boutique, providing students with access to professional clothing to help prepare them for future career opportunities.



## CENTER SPOTLIGHT

### WELCOME OUR FUTURE GRADUATES

We are excited to welcome our newest students to the Phoenix Job Corps Center as they begin their journey to learn, grow, and build a successful future.

If you see them around center, please take a moment to say hello and give them a warm Phoenix Job Corps welcome!



Zoey  
Baietto-Acosta



Roberna  
Baker



Haylee  
Dean



## WELCOME TO PHOENIX JOB CORPS CENTER

# STUDENT SPOTLIGHT

## CPP WEEK 3 STUDENTS TOUR MESA COMMUNITY COLLEGE

CPP Week 3 continues with exciting college tours and hands-on activities for our students. This week, our students were welcomed by Bianca Atalla, who provided an informative tour and thoughtfully answered all of their questions. We would like to extend our sincere thanks to Mesa Community College for their continued support and for making the Phoenix Job Corps Center a valued part of their weekly community.



# STUDENT SPOTLIGHT

## CAREER PREPARATION PERIOD GRADUATES

Congratulations to our Career Preparation Period graduates as they take the next step toward training in their chosen trades. We are proud of your hard work and dedication as you begin this exciting new chapter.

Good luck in your trades, and we wish you continued success on your journey!



**Ladia Byfield**  
CPP



**Christopher Flores**  
Carpentry



**Dion Goedon**  
CNA<sup>t</sup>



**Elijah Grace**  
Carpentry



**Brianna Harvey**  
Medical Assistant



**Michael Hendrix**  
Cement



**Asia Jennings**  
CNA



**Isaih Montoy**  
Carpentry



**Armida Murphy**  
CNA



**Naynin Yazzie**  
Carpentry

# STUDENT SPOTLIGHT

## STUDENT GAINS HIGHLIGHTED THROUGH WEEKLY TABE UPDATES

Our Testing and Scheduling Coordinator, Mr. Chevalier, continues to provide weekly updates on TABE testing results and student academic gains. These updates highlight the hard work and progress students are making as they improve their math and reading levels. Student achievements on the TABE reflect their dedication, perseverance, and commitment to reaching their educational goals.



**TABE -tastic!**  
*If it don't make money  
it don't make cents!!*

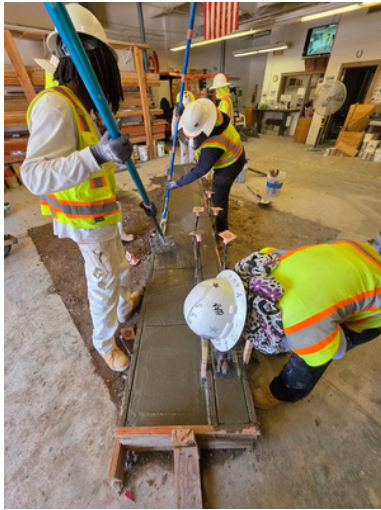
- ← **Jose Banda**  
Gain in Math!
- ← **George Carter**  
Gain in Math!
- ← **Ke'Mond Ford**  
Gain in Reading!
- Alena Good Bear**  
Gain in Math!
- ← **Elizabeth Goudeau**  
Gain in Reading!
- ← **Nicholas Hess**  
Gain in Math!
- ← **Damien Medina**  
Gain in Math!
- Kala Ross**  
Gain in Math!
- Jacqueline Ruiz**  
Gain in Math!
- Ladia ByField**  
Exempt in Reading!!
- Chris Flores**  
Exempt in Reading!!
- Isaiah Montoy** Exempt in Reading!! ↑



# STUDENT SPOTLIGHT

## Hands-On Cement Mason Training in Action

Under the guidance of Cement Mason Instructor Manny Vega, students successfully completed a poured curb-and-gutter transition to a rolled-curb mock-up as part of their hands-on construction training. This project provided students with valuable experience in concrete placement, finishing techniques, and industry-standard construction practices while helping build the skills needed for successful careers in the construction field.



## STUDENT SPOTLIGHT

### Plastering Students Build Hands-On Trade Skills

Under the instruction of Plastering Instructor Jose Zazueta, students are strengthening their plastering skills through hands-on training and technique development. Students are practicing smooth and even plaster application while learning proper layering methods to create durable, professional-quality finishes and help prevent cracking.

Phoenix Job Corps students gain valuable real-world experience through career technical training programs that prepare them for successful careers in the construction industry. Trades like plastering help students develop industry skills, teamwork, attention to detail, and job readiness while building a strong foundation for future employment opportunities and apprenticeships.



# HEALTH & WELLNESS

## UNDERSTANDING HIGH BLOOD PRESSURE

May is National High Blood Pressure Education Month, a time to raise awareness about hypertension and heart health. High blood pressure occurs when blood pressure readings are consistently 130/80 mmHg or higher and affects millions of adults in the United States, including younger adults.

Hypertension often develops over time and may be linked to obesity, stress, smoking, lack of exercise, high salt intake, alcohol or drug use, and family history. Most people do not experience symptoms, making regular blood pressure checks very important.

### Tips for Healthy Blood Pressure

- Eat a healthy, balanced diet
- Limit salt and processed foods
- Exercise regularly
- Maintain a healthy weight
- Manage stress
- Avoid smoking and excessive alcohol use

### Blood Pressure Categories



BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (top/upper number)		DIASTOLIC mm Hg (bottom/lower number)
NORMAL	LESS THAN 120	and	LESS THAN 80
ELEVATED	120-129	and	LESS THAN 80
STAGE 1 HYPERTENSION (High Blood Pressure)	130-139	or	80-89
STAGE 2 HYPERTENSION (High Blood Pressure)	140 OR HIGHER	or	90 OR HIGHER
SEVERE HYPERTENSION (If you don't have symptoms*, call your health care professional)	HIGHER THAN 180	and/or	HIGHER THAN 120
HYPERTENSIVE EMERGENCY (If you have any of these symptoms*, call 911)	HIGHER THAN 180	and/or	HIGHER THAN 120

\*symptoms: chest pain, shortness of breath, back pain, numbness, weakness, change in vision, or difficulty speaking

[heart.org/bplevels](http://heart.org/bplevels)

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Making healthy lifestyle choices can help lower blood pressure and improve overall health.

# COMMUNITY CONNECTIONS

## CENTER BLOOD DRIVE & FAN FUSION

Registered Vitalant Blood Drive Coordinator Ms. Chavez, along with Office Administration students Andon Torres, Marioabel Hernandez, and Tommy Benegas, hosted the center's quarterly blood drive in the gym.

Today's event included both Power Red and whole blood donations. OA students spent several weeks preparing for the drive by creating flyers and organizing donor sign-ups. The blood drive was fully booked and proved to be a great success, with final results expected next week.

As a thank-you for their generosity, all donors received two adult admission tickets to Fan Fusion, taking place June 5 in downtown Phoenix, within walking distance of the center.



# FOOD SERVICE SPOTLIGHT

## This Week's Cafeteria Menu

At Phoenix Job Corps, our cafeteria supports student success by providing nutritious meals that keep students energized and focused. Beyond meals, the dining hall is a welcoming space where students can connect, build community, and enjoy healthy food together.

PHOENIX JOB CORPS May 11 <sup>th</sup> -May 17 <sup>th</sup> , 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>BREAKFAST</b> French Toast Scrambled Eggs Hashbrowns Turkey Sausage Tater Tots Oatmeal Breakfast Cold Bar Fruits Breads &amp; Bagels Jellies, Cream Cheese, Butter Beverages Milk, Alternative Milk, Water/Juices/Coffee</p>	<p><b>BREAKFAST</b> Hard Boiled Eggs or Western Style Eggs Home Fries Sausage Turkey Bacon Cream of Wheat Breakfast Cold Bar Fruits Breads &amp; Bagels Jellies, Cream Cheese, Butter Beverages Milk, Alternative Milk, Water/Juices/Coffee</p>	<p><b>BREAKFAST</b> Fried Egg Sandwich Scrambled Eggs Tater Tots Sausage Turkey Bacon Breakfast Cold Bar Fruits Breads &amp; Bagels Jellies, Cream Cheese, Butter Beverages Milk, Alternative Milk, Water/Juices/Coffee</p>	<p><b>BREAKFAST</b> Pancakes Hashbrown Patties Cheese Eggs Pork Bacon Turkey Bacon Pork Sausage Patties Grits Breakfast Cold Bar Fruits Breads &amp; Bagels Jellies, Butter Beverages Milk &amp; Alternative Milk, Water/Juices/Coffee</p>	<p><b>BREAKFAST</b> Breakfast Burritos Scrambled Eggs Pork Bacon Turkey Sausage Diced Potatoes Oatmeal Cereal/Yogurts Breakfast Cold Bar Fruits Breads &amp; Bagels Jellies, Cream Cheese, Butter Beverages Milk, Alternative Milk, Water/Juices/Coffee</p>	<p><b>BRUNCH</b> Chef's Choice Cream of Wheat Cereal/Yogurts Breakfast Cold Bar Fruits Breads &amp; Bagels Jellies, Cream Cheese, Butter Beverages Milk, Alternative Milk, Water/Juices/Coffee</p>	<p><b>BRUNCH</b> Chef's Choice Oatmeal Sausage Turkey Bacon Cereal/Yogurts Breakfast Cold Bar Fruits Breads &amp; Bagels Jellies, Cream Cheese, Butter Beverages Milk, Alternative Milk, Water/Juices/Coffee</p>
<p><b>LUNCH</b> Beef Lasagna Vegetable Lasagna Steamed Cauliflower VEGETARIAN: Three Bean Chili Salad Bar: Chopped Romaine, Egg Salad, Quartered Tomatoes, Shredded Carrots, Cheddar Cheese, Dressing Beverages Assorted Flavored Waters/Water</p>	<p><b>LUNCH</b> Smothered Pork w/ Onions Baked Cod w/ Lemon Butter Rice Zucchini Steamed Vegetables VEGETARIAN: Fajitas Salad Bar: Chopped Romaine, Garbanzo Beans, Salad, Jell-O, Broccoli Florets, Quartered Tomatoes, Shredded Cheese Beverages Assorted Flavored Waters/Water</p>	<p><b>LUNCH</b> Chipped Beef Roasted Chicken Wedge Potatoes Carrots VEGETARIAN: Veggie Casserole Salad Bar: Iceberg Salad Mix, Shredded Carrots, Quartered Tomatoes, Sliced Mushroom, Chicken Salad, Pasta Salad Beverages Assorted Flavored Waters/Water</p>	<p><b>Lunch</b> BBQ Ribs Baked Tilapia Seared Potatoes Buttered Carrots VEGETARIAN: Cauliflower Bake Salad Bar: Fresh Spinach, Egg Salad, Grilled Vegetable Salad, Sliced Cucumber, Shredded Cheddar, Cheese Assorted Canned Fruit, Yogurt Beverages Assorted Flavored Waters/Water</p>	<p><b>LUNCH</b> Grilled Ham &amp; Cheese Grilled Turkey &amp; Cheese French Fries Baked Beans Corn VEGETARIAN: Vegan Boca Salad Bar: Chopped Romaine, Garbanzo Beans, Salad, Jell-O, Broccoli Florets, Quartered Tomatoes, Shredded Cheese Beverages Assorted Flavored Waters/Water</p>		
<p><b>DINNER</b> Garlic Butter Bites Tuscan Chicken Rice Pilaf Steamed Vegetables VEGETARIAN: Tofu Salad Bar: Chopped Romaine, Egg Salad, Quartered Tomatoes, Shredded Carrots, Cheddar Cheese, Dressing Beverages Assorted Flavored Waters/Water</p>	<p><b>DINNER</b> Beef Mainners Or Shrimp Alfredo Sauce w/Pasta Vegetables Cauliflower VEGETARIAN: Pasta Vegetable Medley Salad Bar: Mixed Greens, Tomatoes, Shredded Cheese, Sliced Cucumbers Beverages Assorted Flavored Waters/Water</p>	<p><b>DINNER</b> Pork Chops Beef Rice Casserole Roasted Potatoes Green Veggies VEGETARIAN: Boca Burger Salad Bar: Chopped Romaine, Garbanzo Beans, Salad, Jell-O, Broccoli Florets, Quartered Tomatoes, Shredded Cheese Assorted Flavored Waters/Water</p>	<p><b>DINNER</b> Loaded Asada or Chicken Asada Fries VEGETARIAN: Fried Rice Salad Bar: Chopped Romaine, Egg Salad, Quartered Tomatoes, Shredded Carrots, Cheddar Cheese, Dressing Beverages Assorted Flavored Waters/Water</p>	<p><b>DINNER</b> Pulled Pork Sandwich Meatloaf Macaroni &amp; Cheese Vegetables VEGETARIAN: Sautéed Vegetables w/Rice Salad Bar: Chopped Romaine, Garbanzo Beans, Salad, Jell-O, Broccoli Florets, Quartered Tomatoes, Shredded Cheese Beverages Assorted Flavored Waters/Water</p>	<p><b>DINNER</b> Chef's Choice VEGETARIAN: Salad Bar Beverages Assorted Flavored Waters/Water</p>	<p><b>DINNER</b> Chef's Choice VEGETARIAN: Salad Bar Beverages Assorted Flavored Waters/Water</p>

Menu options subject to change

### Cafeteria Guidelines

- Students must present their student ID to be served at all meals.
- Head coverings are not allowed in the cafeteria.
- Food should be eaten in the dining area and should not be removed from the cafeteria.
- Refilling containers for food or drinks is not allowed due to health code regulations.
- Please clean your table and dispose of trash when finished.
- Furniture should remain in place.
- Cell phone calls are not permitted, and phones should not be used while in the lunch line.

Thank you to our Food Services team for working hard every day to provide quality meals and create a welcoming dining experience for our students!

## HUMAN RESOURCES UPDATES

### Now Hiring – Adams and Associates

To apply for any of these jobs, visit [adamsaai.com](http://adamsaai.com) and click on “Careers.”

If you are an internal candidate, please see HR for more information.

You know our culture best and can help us find the right people. Give a high-quality candidate the gift of a great job and get awarded. Adams offers a \$200 employee referral bonus - \$100 paid after your recommended candidate starts, and \$100 after your candidate has their 90-day evaluation with recommendation of retention of employment. Recommend someone today!

### Open Positions:

- Dorm Supervisor
- Sr. Residential Advisor
- Residential Advisor
- Safety Officer
- Senior Safety & Security Advisor
- Driver
- Licensed Academic Instructor

Scan the QR Code to view  
job posting and apply online



## PHOENIX JOB CORPS CENTER 2026 HOLIDAY SCHEDULE

MEMORIAL DAY – MONDAY, MAY 25, 2026  
 JUNETEENTH – FRIDAY, JUNE 19, 2026  
 INDEPENDENCE DAY – SATURDAY, JULY 4, 2026  
 (OBSERVED FRIDAY, JULY 3, 2026)



# Adams Family Fables

Service Focused, Outcome Driven.

May 15, 2026

## #Showcasing Success



### PrimePainting

**Brunswick IUPAT Painting graduate Jordan Moore** has brightened his prospects through an apprenticeship with **IUPAT Local Union 193**. Jordan will start at \$20.99, with opportunities for increases as he expands his skill set. He arrived at Job Corps after graduating from high school and not knowing what to do next. "I made the decision that I wanted to make a difference in my life," Jordan said. He chose painting for the atmosphere and quickly got to work. "My instructors gave me real job experiences, and it helped prepare me for my career as an Apprentice Painter," he said.

### Destination WBL

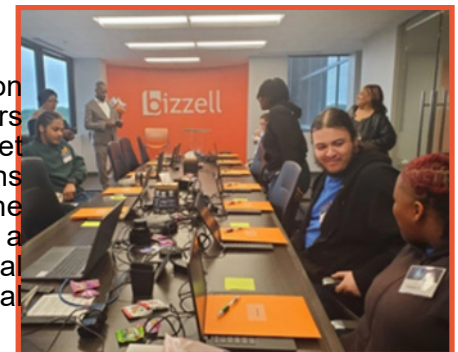
**Exeter** is cooking up summer success with its valued seasonal WBL partners, **George's of Galilee** and **Bonnet Shores Beach Club**. Both are well-known tourist destinations and will allow Advanced and Basic Culinary students to hone their skills in a fast-paced customer-focused environment. Participating students include **Se'jada Greene, Jonathan Santiago, Juwan Lyons, Xiveal Codero, Mea Moore, Myasia Anderson, Emma Pierre, Najaiah Calloway, Xavier Febus** and **Euniecia Lanfond**. Keep excelling, X-Men!



### From AI to Bizzell



AI is A-okay with **Woodland**, which participated in an AI Learning Lab hosted by **Bizzell**. The session emphasized the importance of AI in modern careers and introduced AI prompting techniques and best practices. Students explored real-world applications through a robot demonstration and drone presentation. At the conclusion, students earned a Trust Certification, recognizing their foundational understanding of responsible AI use in professional settings. Wonderful work, Warriors!



### From the President, Susan Sez

I'm proud of all the recent efforts our Centers have made to connect to defense industry priorities, including the **Submarine Industrial Base Program**. From inviting maritime industry partners such as **Ingalls Shipbuilding, Electric Boat and Portsmouth Shipyard** to career fairs to hosting Space Force representatives, Centers have demonstrated Job Corps' dedication to this vital industry. Most recently, **New Hampshire Aerospace Defense Consortium Director Randy Makee** made a repeat visit to the **New Hampshire Center** to discuss exciting opportunities within the aerospace industry. **Adams** remains committed to ensuring students are prepared to support the national security mission and that our Centers are working with key defense industry partners.