



The Eagle's Post

Delaware Valley Job Corps Weekly Newsletter

Friday May 15, 2026



www.Delawarevalley.jobcorps.org

CSIO AWARD WINNERS



PHOTOS BY ROBERT LIEBERMAN



CAREERS
CAREERS
BEGIN HERE

Cooking in Culinary Arts



This week in Culinary Arts Trade, the students, with the help of their Instructor- Chef Whitlock, made some crispy chicken tenders, homemade fries and chocolate mousse. These items were shared with the new students during the weekly CPP Luncheon which is attended by the Center Directors, OA staff, E&T staff and Counseling.



CAREERS
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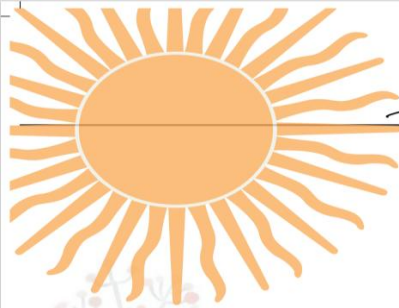
Solutions
 Hope, Encouragement, Growth
 Support, Advocacy, Strategies
 Excellence, Listening, Inspiration
 Guidance, Communication, Mediation
 Diversity, Learning



Counseling & Career Services Calendar



CALENDAR YEAR	CALENDAR MO	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		26	27	28	29	30	01	02
							CPP PANEL 1:30PM CPP 1-3 SURVEY Group	
		03	04	05	06	07	08	09
		COUNSELING MEETING 1:30PM CPP MEETING 3:45PM	CLASS VISIT 1:30PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (ROSA) MINDFULNESS THRU PHOTOGRAPHY (with Ms. EVA) 6:00PM	Initial Intake Case Management Meeting TRANSITION PANEL 2:00PM WALK & TALK W/ MS. GIGI 4:00PM SELF CARE W/ MS. RIVERA 5:00PM SUCCESS TEAM 5:30PM (RC)	CMHC 1:00PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (MLK)	CPP PANEL 1:30PM CPP 1-3 SURVEY Group		
		10	11	12	13	14	15	16
		COUNSELING MEETING 1:30PM CPP MEETING 3:45PM	CLASS VISIT 1:30PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (ROSA) MINDFULNESS THRU PHOTOGRAPHY (with Ms. EVA) 6:00PM	Initial Intake Case Management Meeting TRANSITION PANEL 2:00PM WALK & TALK W/ MS. GIGI 4:00PM SELF CARE W/ MS. RIVERA 5:00PM SUCCESS TEAM 5:30PM (RC)	Case CMHC 1:00PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (MLK)	CPP PANEL 1:30PM CPP 1-3 SURVEY Group		
		17	18	19	20	21	22	23
		COUNSELING MEETING 1:30PM CPP MEETING 3:45PM FOCUS GROUP 2:00PM	CLASS VISIT 1:30PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (ROSA) MINDFULNESS THRU PHOTOGRAPHY (with Ms. EVA) 6:00PM	Initial Intake Case Management Meeting TRANSITION PANEL 2:00PM WALK & TALK W/ MS. GIGI 4:00PM SELF CARE W/ MS. RIVERA 5:00PM SUCCESS TEAM 5:30PM (RC)	Case CMHC 1:00PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (MLK)	NON-TRAINING DAY		
		24	25	26	27	28	29	30
		MEMORIAL DAY	CLASS VISIT 1:30PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (ROSA) MINDFULNESS THRU PHOTOGRAPHY (with Ms. EVA) 6:00PM	Initial Intake Case Management Meeting TRANSITION PANEL 2:00PM WALK & TALK W/ MS. GIGI 4:00PM SELF CARE W/ MS. RIVERA 5:00PM SUCCESS TEAM 5:30PM (RC)	Case CMHC 1:00PM MAY '26, BIRTHDAYS 2:00PM ESP PANEL 4:00PM SUCCESS TEAM 5:30PM (MLK)	CPP PANEL 1:30PM CPP 1-3 SURVEY Group		



"HAPPINESS IS NOT BY CHANCE, BUT BY CHOICE."

Friday 1	Saturday 2
<ul style="list-style-type: none"> 4pm Kickball 6pm Scavenger hunt 7pm Drop Art 8pm Open Gym 	<ul style="list-style-type: none"> 1pm Hiking 3pm Capture the Flag 7pm VolleyBall 8pm open gym

Sunday 3	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8	Saturday 9
<ul style="list-style-type: none"> 10am Open Gym/Church 11am DG Trip 1pm Walmart (New Input Only) 1:30pm Feed the Deer 4pm River Walk 8pm Open Gym 	<ul style="list-style-type: none"> 4pm Park 4pm Open Gym 6pm Resume Building 7pm Basics of becoming an entrepreneur 	<ul style="list-style-type: none"> 4pm Cinco De Mayo Event 6pm Hopscotch 7pm Water Painting 8pm 1 vs Staff 	<ul style="list-style-type: none"> 4pm Chalk art 5pm Cornhole Challenge 6pm Rec Committee 6pm Walmart 7pm Girls Zumba 	<ul style="list-style-type: none"> 4:00pm Karaoke in the chapel 5pm Outside Basketball 6:15pm SD Meeting 7pm Open Gym 	<ul style="list-style-type: none"> 4pm Upper Feild fun 6pm Bowling 8pm Student Feud 9pm Open Gym 	<ul style="list-style-type: none"> 12pm Swimming 3pm FootBall 7pm Boardgame night 9pm Open gym

Sunday 10	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15	Saturday 16
<ul style="list-style-type: none"> 10am Open Gym/Church 1pm Walmart (New Input Only) 1pm Laser Tag 3pm Water Refreshers 7pm Sweet Treat 8pm Circuit work 	<ul style="list-style-type: none"> 4pm SRC Volunteer work 4pm Football outside 6pm open Gym 7pm Basics of becoming an entrepreneur 	<ul style="list-style-type: none"> 4pm Badminton 6pm Collage Art 7pm Create a journal 8pm Open Gym 	<ul style="list-style-type: none"> 4pm Kickball outside 6pm Rec Committee 6pm Walmart 6pm Girls Streching 7pm freestyle paint 8pm Open Gym 	<ul style="list-style-type: none"> 4:00pm Soccer 4:00pm Karaoke in the chapel 6:15pm SD Meeting 7:30pm Open Gym 	<ul style="list-style-type: none"> 4pm PaperCraft 4:30pm Park Games 6pm BonFire 8pm open gym 	<ul style="list-style-type: none"> 12pm Hiking 3pm DG Trip 4pm Reading in the sun 5pm open Gym 7pm Movie @ Callicoon Theater

Sunday 17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23
<ul style="list-style-type: none"> 10am Church 11am Flag Tag 1pm Walmart (New Input Only) 1pm Paws and Claw Zoo 3pm DG Trip 5pm 7pm open gym 	<ul style="list-style-type: none"> 4pm SRC Cleanup 4pm Hockey 6pm Open Gym 7pm entrepreneur class 	<ul style="list-style-type: none"> 4pm Nature Walk 6pm Walmart 6pm Conditioning Workout 7pm Fabric Art 8pm Open Gym 	<ul style="list-style-type: none"> 1pm Water Certificate 4pm Basketball 6pm Rec Committee 6pm Walmart 7pm Girl's Dance 	<ul style="list-style-type: none"> 4pm Basketball copy shot 4:00pm Karaoke in the chapel 6:15pm SD Meeting 7pm Pull the Bucket Challenge 8pm 	<ul style="list-style-type: none"> 1pm Swimming 3pm Flag Football 4pm BBQ {we pay} 7pm Dodgeball 10pm Open Gym 	<ul style="list-style-type: none"> 10am Horseback Riding 1pm DG Trip 3pm Park 7pm Card night 9pm Open Gym

Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	Saturday 30
<ul style="list-style-type: none"> 10am Church 11am Pickle Ball 1pm Walmart (New Input Only) 12pm Golf (Driving Range) 3pm DG Trip 5pm Soccer 7pm open gym 	<p>Memorial Day</p> <ul style="list-style-type: none"> 11am Water Kickball 12pm Chalk Run 3pm Ice cream Trip 4pm Hot dogs and Burgers 5pm Soccer 7pm open gym 	<ul style="list-style-type: none"> 4pm Dance Off 6pm Walmart 6pm Core Workout 7pm Guess the art 8pm Open Gym 	<ul style="list-style-type: none"> 4pm DodgeBall 6pm Rec Committee 6pm Walmart 7pm Girl's Yoga 	<ul style="list-style-type: none"> 4pm Pool Tournament 4:00pm Karaoke in the chapel 6:15pm SD Meeting 7pm Outdoor Football 8:30pm open gym 	<ul style="list-style-type: none"> 4pm Cards Games 6pm Pizza & Bingo 7pm VolleyBall 8:30pm open gym 	<ul style="list-style-type: none"> 1pm Mall trip 3pm Water balloons 6pm Relay Race 7pm Obstacle course 8:30pm Open gym

Sunday 31
<ul style="list-style-type: none"> 12pm Food Run {We Pay} 4:00pm Karaoke in the chapel 6:15pm SD Meeting 7pm Volleyball 8:30pm open gym


Reminders:
 Sign-up is required for All Trips
 Trips will leave promptly at Scheduled Time
 Student's must wear proper footwear for gym use
 All items will need to be checked out with Student ID's
 Weight room open to girls only (Mon-Fri 5-6 PM)
 Behavioral violations may result in Recreational activity restriction



Delaware Valley JOB CORPS

May 1-3 2026

*Vegan/Vegetarian Options Available

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				BREAKFAST Egg Patty Pancakes Pork Bacon or turkey Bacon Hash Brown Patty Oatmeal Cereal Breakfast Cold Bar Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BRUNCH Hard Boiled or Scram Eggs French Toast Sticks Pork or Turkey Sausage Breakfast Pizza Assorted Oatmeal Packs Cereals, Yogurt Grilled Cheese/Soup Breakfast Cold Bar Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BRUNCH Fried Eggs or Egg Patty Sausages Gravy w/Biscuits Belgian Waffles Pork Bacon or Turkey Bacon Cereals, Yogurts Breakfast Cold Bar Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea
				LUNCH Teriyaki Meatballs Shredded Chicken Rice and Beans Garlicy Green Beans Vegetarian: cheese quesadilla Salad Bar Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water		
				DINNER Assorted Pizza Fish Sandwich Roasted Cauliflower Vegetarian: Salad Bar Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	DINNER Jerk chicken Garlic and Herb Roast Pork Rasta Pasta Cauliflower Vegetarian: Salad Bar Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	DINNER French Onion Sloppy Joes Roast Turkey Roasted Potatoes Brussel Sprouts Vegetarian: BBQ Nuggets : Salad Bar Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water

May 4-10th 2026

*Vegan/Vegetarian Options Available


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST Egg Patty Pancakes Pork sausage or Turkey sausage Home Fries Oatmeal Breakfast Cold Bar Yogurt, Fruits, cereal Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BREAKFAST French Toast Cheese Eggs Hash Browns Pork Bacon or Turkey Bacon Breakfast Cold Bar Yogurt, Fruits, cereal, Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BREAKFAST Belgian Waffles Cheese Eggs Pan Fried Ham Turkey sausage Home Fries Breakfast Cold Bar Yogurt, Fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BREAKFAST Fried Eggs French Toast Sticks Turkey Sausages or Pork Sausages Hash Browns Assorted Oatmeal Packs Breakfast Cold Bar Yogurt, Fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BRUNCH Egg Patty Pancakes Pork Bacon or turkey Bacon Hash Brown Patty Oatmeal Breakfast Cold Bar Yogurt, fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BRUNCH Hard Boiled or Scram Eggs French Toast Sticks Breakfast Potatoes Pork or Turkey Sausage Assorted Oatmeal Packs Breakfast Cold Bar Cereals, Yogurt Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea	BRUNCH Belgian Waffles Fried Eggs or Egg Patty Pork Bacon or Turkey Bacon Hash Browns Assorted oatmeal packs Breakfast Cold Bar Cereals, Yogurts Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea
LUNCH Rotisserie Pork chops Meatloaf with mushroom gravy Roasted Potatoes Green Beans Vegetarian: Meatless pasta Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Dressing Beverages Assorted Juice, Tea, Water	LUNCH Cinco De Mayo Chicken and Beef Fajitas Spicy black beans Elote Corn Fresh Salsa Vegetarian: VEGGIE BURGER Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	LUNCH Cheesesteak Polish Sausage Scalloped Potatoes Glazed Carrots Vegetarian: Veggie Quesadilla Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	LUNCH Grilled Cheese Hot and Ham and cheese Potato chowder Mixed Veggies Vegetarian: meatless wings Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	LUNCH Pizza Garlic Green Beans Vegetarian: Salad Bar Assorted Greens, Shredded Carrots, Shredded Cheese, Three Bean Salad, Tuna Fish, Cottage Cheese, Assorted Fruit, Cucumber Onion Salad, Sliced Cucumbers Beverages Tea/Lemonade, Assorted Flavored Waters/Water		
DINNER Meat Ziti Chicken Cordon Blu Pasta Alfredo Noodles Garlic knots Roasted Zucchini Vegetarian Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	DINNER Brisket Cajun flounder Baked Beans House made Cole Slaw Corn Vegetarian Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Assorted Juice, Tea, Water	DINNER Baked Hawaiian Ham Swedish Meatballs Sweet Potatoes parsnips Vegetarian: Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	DINNER Chili Hot Dogs Seasoned Rice Mixed Veggies Vegetarian: meatless chili Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	DINNER Bacon Cheeseburger Chicken Nuggets Sweet Potato Fries Cucumber Salad Vegetarian Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	DINNER Roast Pork Spaghetti and Meatballs Roasted Corn Vegetarian: Veggie Burger Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water	DINNER Chefs choice Vegetarian: Salad Bar: Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets Beverages Assorted Juice, Tea, Water



Delaware Valley JOB CORPS

May 11-17th 2026

*Vegan/Vegetarian Options Available

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>BREAKFAST Egg Patty Pancakes Pork sausage or Turkey sausage Home Fries Oatmeal Breakfast Cold Bar Yogurt, Fruits, cereal Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST French Toast Cheese Eggs Hash Browns Pork Bacon or Turkey Bacon Breakfast Cold Bar Yogurt, Fruits, cereal, Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST Belgian Waffles Scrambled Eggs Pan Fried Ham Turkey sausage Home Fries Breakfast Cold Bar Yogurt, Fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST Fried Eggs French Toast Sticks Turkey Sausages or Pork Sausages Hash Browns Assorted Oatmeal Packs Breakfast Cold Bar Yogurt, Fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Egg Patty Pancakes Pork Bacon or turkey Bacon Hash Brown Patty Oatmeal Breakfast Cold Bar Yogurt, fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Hard Boiled or Scram Eggs French Toast Sticks Breakfast Potatoes Pork or Turkey Sausage Assorted Oatmeal Packs Breakfast Cold Bar Cereals, Yogurt Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Belgian Waffles Fried Eggs or Egg Patty Pork Bacon or Turkey Bacon Hash Browns Assorted oatmeal packs Breakfast Cold Bar Cereals, Yogurts Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>
<p>LUNCH Polish Sausage and sauerkraut Stuffed Peppers Buttered Garlic Noodles Peas and carrots Vegetarian: Meatless pasta Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Dressing Beverages Assorted Juice, Tea, Water</p>	<p>LUNCH Tuscan Stuffed Pork Cheesy Buffalo chicken lasagna Roasted Potatoes Roasted Carrots Vegetarian: meatless tacos Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>LUNCH Sausage and peppers Grilled chicken sandwich Potato Salad Mixed Veggies Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>LUNCH Mac and cheese bar Assorted Toppings Roasted Broccoli Vegetarian: meatless wings Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>LUNCH BBQ Chicken Hotdog on a bun Sweet Potato Fries Green Beans Vegetarian: Salad Bar: Assorted Greens, Shredded Carrots, Shredded Cheese, Three Bean Salad, Tuna Fish, Cottage Cheese, Assorted Fruit, Cucumber Onion Salad, Sliced Cucumber Beverages Assorted Juice, Tea, Water</p>		
<p>DINNER Fish Patties Roast Turkey Mashed Potatoes Green Beans Vegetarian: BBQ Tenders Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i></p>	<p>DINNER Beef Stroganoff Teriyaki Meatballs Seasoned Rice Broccoli Vegetarian Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i></p>	<p>DINNER Salisbury steak Chicken Parm Rice Brussel Sprouts Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i></p>	<p>DINNER Fried Shrimp French dip Hero Spinach Orzo Glazed Carrots Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i></p>	<p>DINNER Chopped cheese Breaded pork chops Butter and Garlic Noodles Roasted corn Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages</p>	<p>DINNER Chefs Choice Broccoli Vegetarian: Veggie Burger Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>DINNER Chefs choice Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>

Delaware Valley JOB CORPS

May 18-24th 2026

*Vegan/Vegetarian Options Available

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
<p>BREAKFAST Egg Patty Pancakes Pork sausage or Turkey sausage Home Fries Oatmeal Breakfast Cold Bar Yogurt, Fruits, cereal Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST French Toast Cheese Eggs Hash Browns Pork Bacon or Turkey Bacon Breakfast Cold Bar Yogurt, Fruits, cereal, Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST Belgian Waffles Scrambled Eggs Pan Fried Ham Turkey sausage Home Fries Breakfast Cold Bar Yogurt, Fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST Fried Eggs French Toast Sticks Turkey Sausages or Pork Sausages Hash Browns Assorted Oatmeal Packs Breakfast Cold Bar Yogurt, Fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Egg Patty Pancakes Pork Bacon or turkey Bacon Hash Brown Patty Oatmeal Breakfast Cold Bar Yogurt, fruits Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Hard Boiled or Scram Eggs French Toast Sticks Breakfast Potatoes Pork or Turkey Sausage Assorted Oatmeal Packs Breakfast Cold Bar Cereals, Yogurt Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Belgian Waffles Fried Eggs or Egg Patty Pork Bacon or Turkey Bacon Hash Browns Assorted oatmeal packs Breakfast Cold Bar Cereals, Yogurts Breads & Bagels Jellies, Cream Cheese, Butter Beverages Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>							
<p>LUNCH Pork Roast Taco Bake Parmesan Rice Buttered Peas Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Dressing Beverages Assorted Juice, Tea, Water</p>	<p>LUNCH Appetizer Day! Wings Mozzarella Sticks Hot Dogs Glazed Carrots Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>LUNCH Beef and Broccoli Pork Stir Fry Veggie Rice Asian Broccoli Vegetarian: veggie stir fry Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>LUNCH Memorial Day BBQ Smoked Brisket BBQ Chicken Hamburgers Kielbasa Peppers and Onions Assorted Salads and Fruit Vegetable Skewers Various Desserts Vegetarian: meatless wings Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>				<p>DINNER Roast Turkey w/ Gravy Glazed Ham Mashed Potatoes Roasted Corn Vegetarian: BBQ Tenders Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i></p>	<p>DINNER Meatball subs Fish sandwiches Spaghetti and sauce Broccoli and Cauliflower Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Assorted Juice, Tea, Water</p>	<p>DINNER Chicken Cacciatore Roast Beef and Gravy Roasted Potatoes Roasted Summer squash Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>DINNER Italian Wraps Eggplant Parm Pesto Ravioli Parsnips and Carrots Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>DINNER Assorted Pizza Brussel sprouts Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>DINNER Vegetable and Meat Lasagna Green Beans Chefs choice Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>	<p>DINNER Chefs choice Vegetarian: Salad Bar: <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> Beverages Assorted Juice, Tea, Water</p>



Delaware Valley JOB CORPS

May 25-31st 2026

*Vegan/Vegetarian Options Available

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>BREAKFAST Egg Patty Pancakes Pork sausage or Turkey sausage Home Fries Oatmeal <u>Breakfast Cold Bar</u> Yogurt, Fruits, cereal Breads & Bagels Jellies, Cream Cheese, Butter <u>Beverages</u> Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST French Toast Cheese Eggs Hash Browns Pork Bacon or Turkey Bacon <u>Breakfast Cold Bar</u> Yogurt, Fruits, cereal, Breads & Bagels Jellies, Cream Cheese, Butter <u>Beverages</u> Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST Belgian Waffles Scrambled Eggs Pan Fried Ham Turkey sausage Home Fries Cereal <u>Breakfast Cold Bar</u> Breads & Bagels Jellies, Cream Cheese, Butter <u>Beverages</u> Milk & Alternative Milk, Water</p>	<p>BREAKFAST Cheese Eggs or Fried Eggs French Toast Sticks Turkey Sausages or Pork Sausages Hash Browns Assorted Oatmeal Packs Cereal <u>Breakfast Cold Bar</u> Breads & Bagels Jellies, Cream Cheese, Butter <u>Beverages</u> Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BREAKFAST Egg Patty Pancakes Pork Bacon or turkey Bacon Hash Brown Patty Oatmeal Cereal <u>Breakfast Cold Bar</u> Breads & Bagels Jellies, Cream Cheese, Butter <u>Beverages</u> Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Hard Boiled or Scram Eggs French Toast Sticks Pork or Turkey Sausage Breakfast Pizza Assorted Oatmeal Packs Cereals, Yogurt Grilled Cheese/Soup <u>Breakfast Cold Bar</u> Breads & Bagels Jellies, Cream Cheese, Butter <u>Beverages</u> Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>	<p>BRUNCH Fried Eggs or Egg Patty Sausages Gravy w/Biscuits Belgian Waffles Pork Bacon or Turkey Bacon Cereals, Yogurts <u>Breakfast Cold Bar</u> Breads & Bagels Jellies, Cream Cheese, Butter <u>Beverages</u> Milk & Alternative Milk, Water/Juices/Coffee/Tea</p>
	<p>LUNCH Sticky garlic Pork Teriyaki Meatballs Veggie Lo mien Egg rolls Vegetarian <u>Salad Bar:</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>LUNCH Assorted Meat and Vegetable Stromboli's Green Beans <u>Salad Bar:</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>LUNCH Mediterranean chicken Tuscan Fish Tzatziki Sauce Spinach, tomato and feta Pasta Mixed Veggies Vegetarian: Meatless Nuggets <u>Salad Bar:</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>LUNCH Sausage and peppers Chicken Patty on a bun Mac and cheese Broccoli Vegetarian: eggplant <u>Salad Bar</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>		
<p>DINNER Assorted chicken Fingers Sausage and Spinach Orecchiette Alfredo linguine Mixed Veggies Vegetarian: BBQ Tenders <u>Salad Bar:</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>DINNER Meatloaf w/ Gravy Kielbasa with Peppers and Onions Scalloped Potatoes Buttered Peas Vegetarian <u>Salad Bar:</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>DINNER Beef Chili Hot Dogs Seasoned Rice Roasted Cauliflower Vegetarian: Veggie Burger <u>Salad Bar</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>DINNER Pot Roast with Gravy Stuffed Shells Mashed Potatoes Glazed Carrots Vegetarian: <u>Salad Bar</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>DINNER Meat ziti Swedish Meatballs Pesto Alfredo Tortellini Roasted squash Vegetarian: <u>Salad Bar</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>DINNER Jerk chicken Garlic and Herb Roast Pork Rasta Pasta Cauliflower Vegetarian: <u>Salad Bar</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>	<p>DINNER Beef Nachos Baked Flounder Fiesta rice Confetti Corn Vegetarian: BBQ Nuggets <u>Salad Bar</u> <i>Mixed Greens, cucumbers, Grape Tomatoes, Sunflower seeds, Peppers, Mushrooms, shredded Carrots, Pickled Beets</i> <u>Beverages</u> Assorted Juice, Tea, Water</p>



MAY'S IGR BY HR

RETHINK THE STIGMA

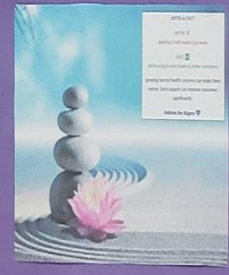
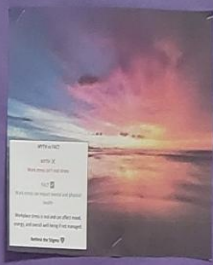
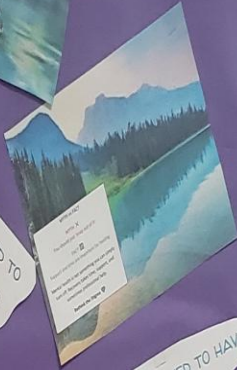


WHAT I SAY:
"I don't want to talk about it."

WHAT I SAY:
"I don't care anymore."

IT'S OKAY TO NOT BE OKAY.

HEALING ISN'T LINEAR.

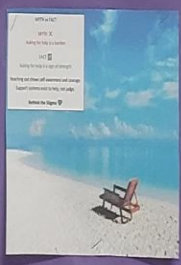


WHAT I SAY:
"I'm just chilling."

WHAT I SAY:
"I'm good, don't worry about me."

YOU'RE ALLOWED TO TAKE UP SPACE.

YOU'RE ALLOWED TO HAVE BAD DAYS.



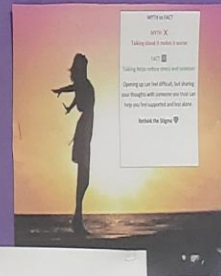
WHAT I SAY:
"It's whatever."

WHAT I SAY:
"It's not that deep."



YOU DON'T HAVE TO EXPLAIN YOUR PAIN TO DESERVE SUPPORT.

STRUGGLING DOESN'T MAKE YOU WEAK.



TAKE WHAT YOU NEED
Mental Health Edition
Take one, or tear one — either way, just take what you need.

TAKE WHAT YOU NEED
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Take one, or tear one — either way, just take what you need.

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May 2026

Wellness / Finance



Upcoming Events



ADAMS EMPLOYEE WELLNESS PROGRAM

WELLNESS - Anthem

Women's Health Awareness

FINANCE - Principal

Manage Your Debt

- To do:** Use this month to figure out your debt load. Detail how much you owe, then calculate your debt-to-income ratio.
- To Save:** Have any big-ticket events or activities in the coming months, like summer vacation or weddings? Plan accordingly by reviewing and adjusting your budget.

30-minute Webinars held on the third Wednesday of every month at:

1 pm CST / 2 pm EST / 11 PST

May Webinar

Market Volatility and Inflation Survival Guide

Years of Service

27 YEARS

Michael Farias Corporate

21 YEARS

Kathleen Loebel Corporate

Eric Royster Corporate

16 YEARS

Francis Bennett Red Rock

Roy Dalton Red Rock

Eugene Domulevicz Red Rock

John Hetsko Red Rock

Kelly King Red Rock

Brandon Savage Red Rock

Kevin White Red Rock

Robin Young Red Rock

14 YEARS

Tauna Gregus Red Rock

Debra Smith Red Rock

11 YEARS

Ashley Durand Exeter

Pamela Kelley Corporate

10 YEARS

Brenda Faford Shriver

8 YEARS

Paul Stearns Grafton

7 YEARS

Thongdeng Keokham Delaware Valley

Shayna Perkins Grafton

My Job Corps



We're excited to announce the launch of our new Adams Employee Wellness Program, designed to support your health, happiness, and overall, well-being—both inside and outside of work.

Thank you to everyone across the company who took the time to sign up and participate in our AAI Health and Wellness Sign Up Raffle. We truly appreciate the enthusiasm and engagement. It was great to see such strong participation from so many employees!

Congratulations to CHRISTOPHER HOWARD of the Sacramento Job Corps Center! who was our \$500 gift card winner.

Beginning in May, all employees will have access to a refreshed lineup of wellness resources, including:

What's Included

- Wellness Portal & Mobile App:** Technology at your fingertips
- Unlimited Access to Health Coaches:** Experts answering your questions & helping you reach your goals
- Wellbeing Place Blog:** Weekly posts focused on trending health and wellness topics
- On-Demand Wellness Videos:** Learn to cook, meditate, or workout when it's convenient for you
- Personal Health Assessments:** Questionnaires to help identify health risk areas
- Wellness Challenges:** Opportunities to compete against your coworkers with wellness-focused goals
- Monthly Webinars:** Educate yourself on how to make the best decisions for your well-being
- Gym Membership Discounts:** Access to discounts at gyms nationwide

Why We're Doing This

Your well-being matters. We believe a healthy team is a strong team, and we're committed to offering programs that help you feel your best at work and at home.



MONTH

Mental Health Awareness

National Nurses Month

National Women's Health

Awareness

Events

WEEK

Children's Mental Health May 3-9

National Nurses Week May 6-12

DAY

World Hand Hygiene Day May 5

World No Tobacco Day May 31

HBI ADVANCED TRAINING ELECTRICAL PROGRAM

TRAIN TO BECOME AN
ELECTRICAL SERVICE TECHNICIAN



APPLICATIONS DUE FRIDAY, MAY 29, 2026



CLASSES BEGIN:
**JUNE 29,
2026**



CLASSES END:
**OCTOBER 9,
2026**



**DELAWARE VALLEY
JOB CORPS CENTER**

9368 NY-97
Callicoon, NY 12723



PROGRAM HIGHLIGHTS

- 15-week training program
- Nationally recognized industry certifications
- Increased potential for higher wages and employment opportunities
- Electrical Service Technician Pre-Apprentice Certificate
- Pathway to apprenticeship and Journeyman Electrician



TRAINING INCLUDES

- Electrical theory overview
- Residential electrical construction
- Commercial electrical construction
- Troubleshooting
- Electrical maintenance
- Emergency backup generators and transfer switches
- Work orders
- Service and panel changeouts/upgrades
- Smart home technology and energy efficiency



ELIGIBILITY

- Complete a basic training program
- Meet all application requirements



SUBMIT APPLICATIONS TO:

Mike O'Halloran
HBI Advanced Electrical Instructor
Delaware Valley Job Corps Center
9368 State Route 97, P.O. Box 846
Callicoon, NY 12723
mohalloran@hbi.org



QUESTIONS:

Nathan Kyle Stevens
Advanced Training Program Manager
☎ (918) 869-9660
✉ Nstevens@hbi.org



**PLEASE SHARE THIS OPPORTUNITY
WITH STUDENTS, STAFF, AND COLLEAGUES.**



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COUNSELING AND CAREER SERVICES

WALK AND TALK

Healthy Relationship

WEDNESDAY
4:00PM
OFF or ON CENTER

with Ms. Gigi



MINDFULNESS THRU PHOTOGRAPHY

Tuesday
@ 6:00PM

with Ms. Eva



SELF CARE

WEDNESDAY @ 5:00PM
ROSA PARKS DORM

WITH MS. RIVERA



FOCUS GROUP

3RD MONDAY OF THE MONTH
2:00PM ROOM 228
BY INVITATION



PRE-60 DAY!

CELEBRATIONS

CPP & COUNSELING



STUDENT MONTHLY BIRTHDAY CELEBRATION

COUNSELING
4TH WEDNESDAY OF
THE MONTH @ 2:00PM



Garden Club

@ DVJCC 

Everyday During **SUMMER SEASON**
@ 3:30 PM
Garden Area

FOR MORE INFORMATION CONTACT
MS. GIGI OR MS. HENDERSHOT



CAREERS
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“The only thing better than singing is more singing.” - Ella Fitzgerald

... Karaoke is calling ...

You don't have to sing to attend.

WHEN: Thursdays 4PM-5PM starting March 25th

WHERE: The Chapel

WHAT: Karaoke machine + two speakers & one microphone.

Bring your voices & song choices.

WHY: Because music can totally change a mood & why not?

See/Email Dr. Karen (in Wellness or in room 323) with any questions.



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The NEW Eagles Outlet! by CSIO



Wellness Wednesday back in Action!



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JOIN US! Self-Care, Art-making Group with Ms. Rivera.

Tuesdays, 5:15-6:15PM

DORMS First Floor Lounge

Wear clothing that can get dirty.

For more information, please see

Ms. GiGi or Ms. Rivera.

Looking forward to seeing you there.



CAREERS
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-stream-

Movies & More

NEW RELEASES AND THROWBACKS ARE
AVAILABLE TO STREAM ANYTIME ON
YOUR PERSONAL DEVICES.

[HTTPS://DIGITALCAMPUS.SWANKMP.NET/JOBCORPS](https://digitalcampus.swankmp.net/jobcorps)



CONNECT TO YOUR

SCAN CODE



CAREERS
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A surreal landscape with a rainbow sky, sunflowers, a boat, and an anchor. The scene is divided into horizontal layers. At the top, a row of sunflowers is set against a background of blue and purple waves. Below this, a hand reaches down from the sky, holding a sunflower. In the middle, a red boat is on a body of water, with a white anchor floating nearby. The background shows a sunset over a forest of evergreen trees. Below the boat, a silhouette of a person stands in a field of sunflowers, with a bright sunburst behind their head. At the bottom, another hand reaches up from the water towards the anchor. The entire scene is framed by sunflowers at the top and bottom.

PEER TO PEER MENTAL HEALTH / LET US HELP

Let your mind be a crop and us be gardeners...and, no matter how hard the boat rocks, there's always an anchor. Always here to help, even if you don't want it. Don't be scared to reach out. The thought of another's judgment is sometimes more exaggerated than it really is.

*Gianni Adames
Mikey Cacciatore,
Max De Paula, Jr.
Nicholas Jaddodanan*



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Updated SGA Members

President - Jessie Barnes
Vice president- Aleeyah Smith
Secretary -Jay Maturin
Treasurer- Curtis Thomas
Chief Justice- Levar Meyers
Sergeant at arms- Grace Leake



CAREERS
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Shop May Deals Now!

Enjoy Mother's Day and experience summer activities with special deals!



START SAVING TODAY!

SCAN QR CODE



Adams And Associates Employee Perks Program

GET REWARDED!




<https://adamsaai.savings.workingadvantage.com>


HIGHLIGHTED OFFERS

 **FragranceNet.com**
Save \$20 off all orders \$50 or more

 **Oakley**
Get 15% off sunglasses or apparel online

 **Discount Flight Reservations**
Save up to 20% on flights

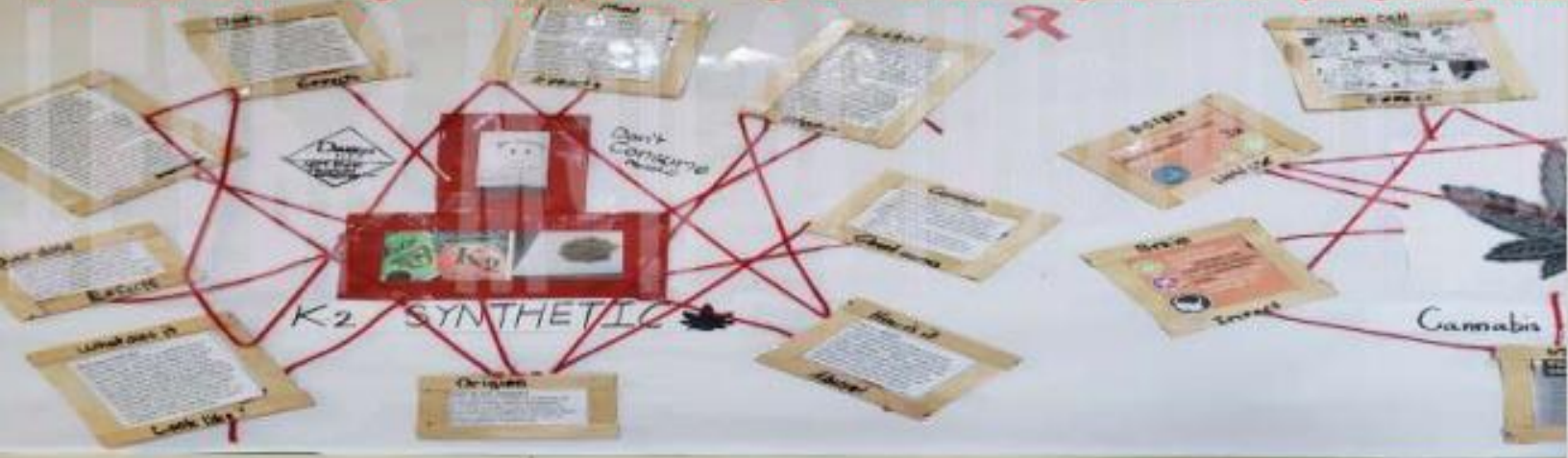
 **1-800-Flowers.com**
Get up to 25% off select collection + 20% off everything else

 **Rental Car Deals**
Save up to 25% on rental cars

 **Walt Disney World Resort**
Save up to \$80

Disclaimer: By accessing Adams and Associates Employee Perks Program, you accept the policies documented in our terms and privacy documents, which can be reviewed at <https://adamsaai.savings.workingadvantage.com/common/terms-of-use>.
©2026 Working Advantage, an EBG Platform. All Rights Reserved.





KNOW YOUR COUNSELORS



MS .GIGI WAINMAN
COUNSELING SUPERVISOR



MS. BARBARA RIVERA
CAREER COUNSELOR



Eva Frendak
CAREER COUNSELOR

REMEMBER TO GET YOUR LEAVE REQUESTS IN
BY TUESDAY & TO ATTEND YOUR ESP
MEETINGS!



CAREERS
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STUDENT GOVERNMENT ASSOCIATION



HOT FOOD CANDY DRINKS SNACKS

STUDENT STORE HOURS

SUNDAY — TBD
MONDAY 12:30 PM-1:15 PM
4:00 PM-5:00 PM
TUESDAY 12:30 PM-1:15 PM
4:30 PM-6:00 PM
WEDNESDAY 12:30 PM-1:15 PM
4:00 PM-6:00 PM
THURSDAY 12:30 PM-1:15 PM
4:30 PM-6:00 PM
FRIDAY 12:30 PM-1:15 PM
4:00 PM-5:00 PM
SATURDAY — TBD



CASH NOT ACCEPTED



*Celebrate
May Birthdays*

Staff Birthdays

BOLDIIS, SILLPORAH 05/02
V. WAINMAN, GiGi 05/04
GREGG, JACINDA 05/05
RAHM, JILLIAN 05/06
HELLER, ARTHUR 05/15



Student Birthdays

Munoz, Brayan 05/01
Jones, Cameron 05/09
Cross, John S 05/10
Blasik, Julian M 05/14
Blasik, Jordan D 05/14
Worthley, Samantha 05/24



EXPRESS YOURSELF

Adams and Associates Inc. employees are encouraged to express concerns and report any quality, integrity or other issues if they arise. The best way to do this is through your supervisor. You may also address concerns through others in your chain of command or the Human Resources Department. If necessary, issues may also be reported to the Corporate Office through an anonymous employee hotline: 1-833-TELLAAI (1-833-835-5224).



**CAREERS
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DELAWARE VALLEY JOB CORPS IS A SMOKE FREE FACILITY!



SMOKING IS AN ADDICTION ... QUITTING IS DIFFICULT
... YOU DON'T HAVE TO DO IT ALONE

SIGN UP FOR THE SMOKING CESSATION WORKSHOP

"THE BUTT STOPS HERE"
FRIDAYS - 3:30 PM - 4:30 PM

ROOM 205 OR VIRTUALLY IN GOOGLE T&T CLASSROOM

**** WORKSHOP IS OPEN TO STUDENTS AND STAFF!**



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WE ARE

HIRING

Join Our Team at
DELAWARE VALLEY JOB CORPS

PAY RATES STARTING AT \$18 PER HOUR

OPEN POSITIONS

- [CDL Driver](#)
- [Cook II](#)
- [Counselor](#)
- [OA/CTS Counselor](#)
- [Recreation Advisor](#)
- [Registered Nurse](#)
- [Residential Advisor](#)
- [Safety & Security Advisor](#)
- [WBL Specialist](#)

BENEFITS

- 5% 401k Match
- Health, Dental & Vision Insurance
- Paid Time off

...AND MORE!



SCAN THE QR CODE TO VIEW
ALL OF OUR OPEN POSITIONS!

APPLY NOW

Delaware Valley Job Corps Center

9368 State Route 97, Callicoon, NY 12723

(845) 887-5400

What is Job Corps?

Job Corps is a no-cost education and vocational training program administered by the U.S.

Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training. Funded by Congress, Job

Corps has been training young adults for meaningful careers since 1964. Job Corps is committed to offering all students a safe, drug-free environment where they can take advantage of the resources provided. Job Corps' Mission is to attract eligible young people, teach them the skills they need to become employable and independent, and place them in meaningful jobs or further education.

DVJCC offers:

- ◆ HBI Electrical
- ◆ Advanced Training HBI Electrical
 - ◆ Carpentry
 - ◆ Security
 - ◆ Culinary Arts
- ◆ Facilities Maintenance
- ◆ Patient Care Technician (CNA, EKG, Phlebotomy)



Job Corps Benefits

- ◆ Free education
- ◆ Earn SS - Bi-weekly student allowance
- ◆ Live on campus
- ◆ Special incentives
- ◆ Obtain your TASC/HSD
- ◆ Meals and basic health care provided
- ◆ Transition allowance
- ◆ Assistance upon graduation with employment, transportation, education, military & more!

How to Apply

- ◆ Contact Eileen Bulman at (845) 887-9076
 - ◆ bulman.eileen@jobcorps.org
 - ◆ Set up a tour at (845) 887-9076

JOB



**CAREERS
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Adams Family Fables

Service Focused, Outcome Driven.

May 15, 2026

#Showcasing Success



Prime Painting

Brunswick IUPAT Painting graduate Jordan Moore has brightened his prospects through an apprenticeship with **IUPAT Local Union 193**. Jordan will start at \$20.99, with opportunities for increases as he expands his skill set. He arrived at Job Corps after graduating from high school and not knowing what to do next. "I made the decision that I wanted to make a difference in my life," Jordan said. He chose painting for the atmosphere and quickly got to work. "My instructors gave me real job experiences, and it helped prepare me for my career as an Apprentice Painter," he said.

Destination WBL

Exeter is cooking up summer success with its valued seasonal WBL partners, **George's of Galilee** and **Bonnet Shores Beach Club**. Both are well-known tourist destinations and will allow Advanced and Basic Culinary students to hone their skills in a fast-paced customer-focused environment. Participating students include **Se'jada Greene, Jonathan Santiago, Juwan Lyons, Xiveal Codero, Mea Moore, Myasia Anderson, Emma Pierre, Najaiah Calloway, Xavier Febus** and **Euniecia Lanfond**. Keep excelling, X-Men!



From AI to Bizzell



AI is A-okay with **Woodland**, which participated in an AI Learning Lab hosted by **Bizzell**. The session emphasized the importance of AI in modern careers and introduced AI prompting techniques and best practices. Students explored real-world applications through a robot demonstration and drone presentation. At the conclusion, students earned a Trust Certification, recognizing their foundational understanding of responsible AI use in professional settings. Wonderful work, Warriors!



From the President, Susan Sez

I'm proud of all the recent efforts our Centers have made to connect to defense industry priorities, including the **Submarine Industrial Base Program**. From inviting maritime industry partners such as **Ingalls Shipbuilding, Electric Boat and Portsmouth Shipyard** to career fairs to hosting Space Force representatives, Centers have demonstrated Job Corps' dedication to this vital industry. Most recently, **New Hampshire Aerospace Defense Consortium Director Randy Makee** made a repeat visit to the **New Hampshire Center** to discuss exciting opportunities within the aerospace industry. **Adams** remains committed to ensuring students are prepared to support the national security mission and that our Centers are working with key defense industry partners.